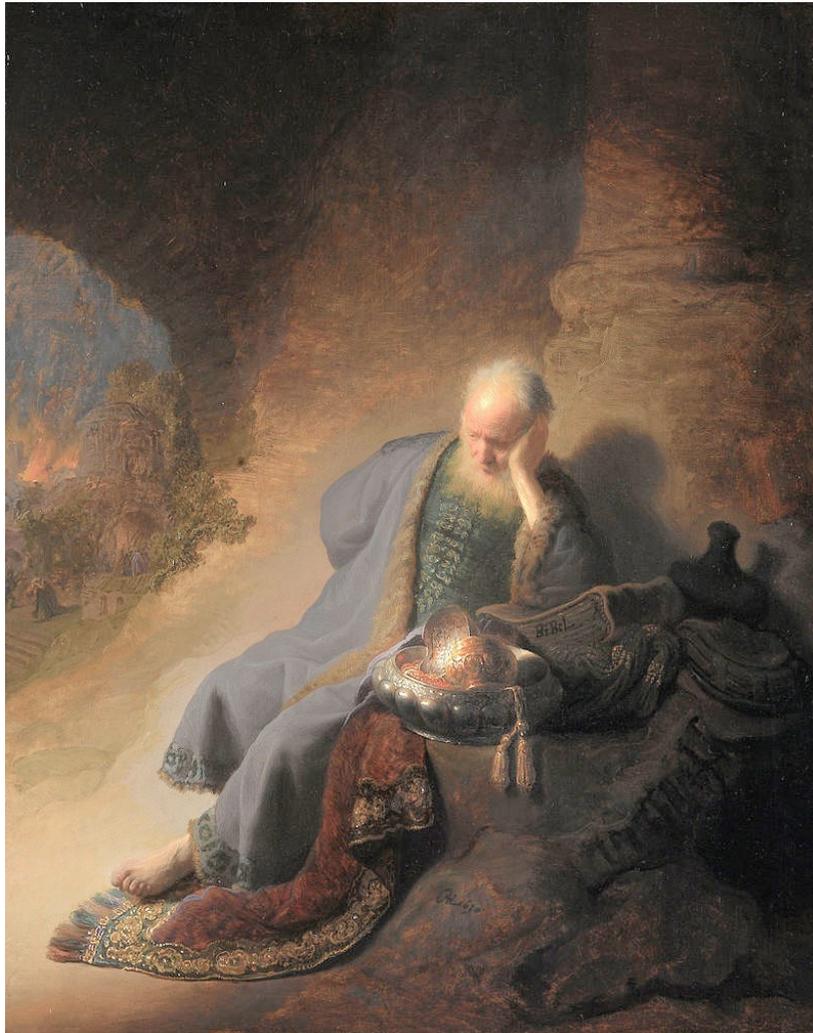


ST. PAUL'S EPISCOPAL CHURCH

IN THE CITY OF WILMINGTON
THE EPISCOPAL DIOCESE OF EAST CAROLINA



THE FIFTEENTH SUNDAY AFTER PENTECOST

SEPTEMBER 18, 2022

8:00 A.M. HOLY EUCHARIST

10:30 A.M. CHORAL EUCHARIST

OPEN DOORS. OPEN HEARTS. OPEN HANDS.

WE WILL WELCOME ALL TO LIVE GOD'S MISSION,

TEACH CHRIST'S LOVE AND TRANSFORM OUR COMMUNITY BY THE POWER OF THE HOLY SPIRIT.

ST. PAUL'S EPISCOPAL CHURCH

Welcome to St. Paul's Episcopal Church, celebrating 163 years of service and worship in Wilmington.

8:00 AM HOLY EUCHARIST RITE II ACCORDING TO THE BOOK OF COMMON PRAYER

*Our worship service can be found in the red Book of Common Prayer (BCP).
Please silence all electronic devices before the liturgy begins.*

THE WORD OF GOD

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Lord have mercy	
<i>Christ have mercy</i>	
Lord have mercy	
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SERVICE PARTICIPANTS at 8:00 AM

Celebrant and Preacher
The Reverend Catherine Powell

Altar Server/Lector
Carol Field

Greeter/Usher
Linda Collette

ST. PAUL'S EPISCOPAL CHURCH

Welcome to St. Paul's Episcopal Church, celebrating 163 years of service and worship in Wilmington.

10:30 AM CHORAL EUCHARIST RITE II ACCORDING TO THE BOOK OF COMMON PRAYER

*Our worship service can be found in the red Book of Common Prayer (BCP).
The hymns can be found in the blue 1982 Hymnal. Other hymns will be marked accordingly.*

Voluntary *Andante religioso (from Sonata IV)* Felix Mendelssohn

Introit *Christ be with you* Barry Rose

Christ be with you, Christ within you, Christ behind you, Christ before you, Christ beside you, Christ to win you, Christ to comfort and restore you. Christ beneath you, Christ above you, Christ in quiet, Christ in danger, Christ in hearts of all who love you, Christ in mouth of friend and stranger.

Processional Hymn 410 *Praise, my soul, the King of heaven* Lauda anima

THE WORD OF GOD

The Acclamation and Response

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be God's kingdom, now and for ever. Amen.

The Collect for Purity *(said together)*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria *Glory to God* Mass of St. Thomas

Moderato ff

Glo-ry to God, Glo-ry to God, Glo-ry to God in the High-est.

f

Glo-ry to God in the High - est, and peace to his peo-ple on earth. Lord God,

11

Heav'n-ly King, Al migh-ty God and Fa-ther, we wor-ship you, we give you thanks, we...

16

praise you for your glo - ry. **f** Glo-ry to God, Glo-ry to God, Glo-ry to God in the

21

High-est. **mf** Lord, Je - sus Christ, on-ly son of the Fa-ther. Lord God,

27

 Lamb of God, you take a-way the sin of the world; have mer-cy on us;

31

 You are seat-ed at the righthand of the Fa-ther: re-ceive our prayer.

36

 Glo-ry to God, Glo-ry to God, Glo-ry to God in the High-est. For you a-lone are the

41

 Ho - ly one, You a - lone are the Lord, You a-lone are the most high,

46

 Je - sus Christ, with the Ho - ly Spi - rit, in the Glo-ry of God the

50

 Fa - ther. Glo-ry to God, Glo-ry to God, Glo-ry to God in the High - est.

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Celebrant: Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Please be seated.

The First Reading: Jeremiah 8: 18 - 9:1

Reader: A Reading from the book of the Prophet Jeremiah

My joy is gone, grief is upon me, my heart is sick. Hark, the cry of my poor people from far and wide in the land: "Is the Lord not in Zion? Is her King not in her?" ("Why have they provoked me to anger with their images, with their foreign idols?") "The harvest is past, the summer is ended, and we are not saved." For the hurt of my poor people I am hurt, I mourn, and dismay has taken hold of me. Is there no balm in Gilead? Is there no physician there? Why then has the health of my poor people not been restored? O that my head were a spring of water, and my eyes a fountain of tears, so that I might weep day and night for the slain of my poor people!

Reader: The Word of the Lord.

People: Thanks be to God.

- 1 O God, the heathen have come into your inheritance;
they have profaned your holy temple;
they have made Jerusalem a heap of rubble.
- 2 They have given the bodies of your servants as food for the birds of the air,
and the flesh of your faithful ones to the beasts of the field.
- 3 They have shed their blood like water on every side of Jerusalem,
and there was no one to bury them.
- 4 We have become a reproach to our neighbors,
an object of scorn and derision to those around us.
- 5 How long will you be angry, O Lord?
will your fury blaze like fire for ever?
- 6 Pour out your wrath upon the heathen who have not known you
and upon the kingdoms that have not called upon your Name.
- 7 For they have devoured Jacob
and made his dwelling a ruin.
- 8 Remember not our past sins;
let your compassion be swift to meet us;
for we have been brought very low.
- 9 Help us, O God our Savior, for the glory of your Name;
deliver us and forgive us our sins, for your Name's sake.

The Second Reading: 1 Timothy 2: 1-7

Reader: A Reading from Paul's first letter to Timothy

First of all, I urge that supplications, prayers, intercessions, and thanksgivings be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceable life in all godliness and dignity. This is right and is acceptable in the sight of God our Savior, who desires everyone to be saved and to come to the knowledge of the truth. For there is one God; there is also one mediator between God and humankind, Christ Jesus, himself human, who gave himself a ransom for all -- this was attested at the right time. For this I was appointed a herald and an apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

Reader: The Word of the Lord.

People: Thanks be to God.

Please stand.

Gradual Hymn 535

Ye servants of God, your Master proclaim

Paderborn

The Holy Gospel of our Lord Jesus Christ according to Luke 16: 1-13

People: Glory to you, Lord Christ.

Jesus said to the disciples, "There was a rich man who had a manager, and charges were brought to him that this man was squandering his property. So he summoned him and said to him, 'What is this that I hear about you? Give me an accounting of your management, because you cannot be my manager any longer.' Then the manager said to himself, 'What will I do, now that my master is taking the position away from me? I am not strong enough to dig, and I am ashamed to beg. I have decided what to do so that, when I am dismissed as manager, people may welcome me into their homes.' So, summoning his master's debtors one by one, he asked the first, 'How much do you owe my master?' He answered, 'A hundred jugs of olive oil.' He said to him, 'Take your bill, sit down quickly, and make it fifty.' Then he asked another, 'And how much do you owe?'

He replied, 'A hundred containers of wheat.' He said to him, 'Take your bill and make it eighty.' And his master commended the dishonest manager because he had acted shrewdly; for the children of this age are more shrewd in dealing with their own generation than are the children of light. And I tell you, make friends for yourselves by means of dishonest wealth so that when it is gone, they may welcome you into the eternal homes.

"Whoever is faithful in a very little is faithful also in much; and whoever is dishonest in a very little is dishonest also in much. If then you have not been faithful with the dishonest wealth, who will entrust to you the true riches? And if you have not been faithful with what belongs to another, who will give you what is your own? No slave can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth."

Gospeller: The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Sermon

The Reverend Catherine Powell

Please stand.

The Apostles Creed *(sung together)*

Hymn to Joy

We believe in God the Father,
God almighty, by whose plan
earth and heaven sprang to being
all created things began.

We believe in Christ the Savior,
Son of God in human frame,
virgin-born, the child of Mary
upon whom the Spirit came.

Christ, who on the cross forsaken,
like a lamb to slaughter led,
suffered under Pontius Pilate,
he descended to the dead.

We believe in Jesus risen,
Heaven's king to rule and reign,
to the Father's side ascended
till as judge he comes again.

We believe in God the Spirit;
in one Church, below, above:
saints of God in one communion,
One in holiness and love.
So by faith, our sins forgiven,
Christ our Savior, Lord and friend,
we shall rise with him in glory
to the life that knows no end.

The Prayers of the People

Celebrant: Let us lift our supplications, prayers, intercessions, and thanksgivings to Christ, the mediator of God and humankind, saying "Save us for the glory of your name."

Intercessor: Father, we give you thanks for your love and forgiveness. Teach us to forgive as you have forgiven us, to be merciful and yet to maintain justice. We pray for the church. We pray for Rob our bishop, Michael our presiding bishop, Justin, Archbishop of Canterbury, and the clergy of St. Paul's. In our Diocesan Cycle of Prayer we pray for Grace Episcopal and Christ the King Lutheran Church in Whiteville. In the Anglican Cycle of Prayer we pray for Igreja Episcopal Anglicana do Brasil. We pray for all penitents, all who seek forgiveness. Lord, guide all who are spiritual counselors and confessors.
Help us, O Lord our God.

People: *Save us for the glory of your name.*

Intercessor: We ask you to strengthen and guide all who are in positions of trust, all in places of authority, all who make decisions concerning our future. We pray for integrity in our courts and fair dealing in world trade, that no one is counted as cheap labor or as of little importance. We remember all who are impoverished, all who cry for justice, all who work for freedom and dignity.
Help us, O Lord our God.

People: *Save us for the glory of your name.*

Intercessor: We give thanks for all you have given to us. We ask you to bless our homes and families with your presence, love and peace. We pray for homes where there is unrest, fearfulness and violence, for all who have suffered abuse or neglect, for children taken into care and for those who are left at risk.

Help us, O Lord our God.

People: *Save us for the glory of your name.*

Intercessor: We remember before you all whose wounds find no cure. We pray for the chronically ill, for all who suffer from mental illness and are deeply distressed. For any who are troubled in body, mind or spirit. We remember our loved ones who are ill, especially *(the intercessor reads aloud the names of those in our parish that need our prayers)*.

Help us, O Lord our God.

People: *Save us for the glory of your name.*

Intercessor: We give thanks for all who have triumphed over the troubles of this world and are now at rest and at peace in your kingdom. We pray for friends and loved ones departed from us.

Help us, O Lord our God.

People: *Save us for the glory of your name.*

Celebrant: Holy God, you have called us to serve you. Guide us and make us worthy of our calling. Give us wisdom to use our talents and resources to your glory and the benefit of all who are in need, through Jesus Christ our Lord. *Amen.*

The Confession of Sin

BCP 360

Celebrant: Let us confess our sins against God and our neighbor.

Minister and People:

Most merciful God,
we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.

The Celebrant concludes with an absolution.

The Peace

Celebrant: The Peace of the Lord be always with you.

People: And also with you.

Announcements

Offertory Anthem

O For A Closer Walk with God

Sir Charles V. Stanford

O for a closer walk with God, a calm and heav'nly frame; a light to shine upon the road that leads me to the Lamb! Return, O holy Dove, return! Sweet messenger of rest; I hate the sins that made thee mourn, and drove thee from my breast. So shall my walk be close to God, calm and serene my frame; so purer light shall mark the road that leads me to the Lamb.

Members of the congregation will present the offerings and oblations of our life and labor to the Lord. If you would like to give electronically, please turn to page 15 for the QR code.

Presentation Hymn

Doxology

Laast uns freuen

Praise God from whom all blessings flow
Praise God all creatures here below
Alleluia! Alleluia!
Praise God above ye heavenly host
Praise Father, Son, and Holy Ghost
Alleluia! Alleluia! Alleluia! Alleluia! Alleluia!

THE HOLY COMMUNION

The Great Thanksgiving (Eucharistic Prayer B)

BCP 367

Celebrant: The Lord be with you.
People: And also with you.
Celebrant: Lift up your hearts.
People: We lift them to the Lord.
Celebrant: Let us give thanks to the Lord our God.
People: It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

The celebrant continues with the preface of the day.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus and Benedictus

Holy, Holy, Holy

Mass of St. Thomas

Moderato *mf*

Ho - ly, Ho - ly, Ho - ly Lord, God of po - wer and might,
6 Hea - ven and earth are full of your glo - ry. Ho - san - na, Ho - san - na, Ho - san - na
11 in the high - est. Bles - sed is he who comes in the name of the
16 Lord. Ho - san - na, Ho - san - na, Ho - san - na in the high - est.

The people stand or kneel.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All: We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ and make them new and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

BCP 364

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
 as we forgive those who trespass against us.

And lead us not into temptation,
 but deliver us from evil.

For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

The Breaking of the Bread

A period of silence is kept.

Cantor or Choir
My flesh is food in - deed, and my blood is drink in -
deed, says the Lord. *All* My Lord. *Cantor or Choir* Those who eat my
flesh and drink my blood dwell in me, and I in them. *All* My
flesh is food in - deed, and my blood is drink in - deed, says the Lord.

Celebrant: The Gifts of God for the People of God.

Invitation to Communion

Agnus Dei

O Lamb of God

Mass of St. Thomas

O Lamb of God who takest away the sins of the world
Have mercy on us, have mercy on us, and grant to us your peace

The Communion of the People

Communion stations are available at the altar rail and in the baptistry. To receive the consecrated Bread, extend your hands upward, palms crossed. When receiving the Wine, please assist the chalice as it is offered; or, having consumed the Bread, you may return to your seat. We believe Christ fully present in either element. If you prefer not to receive the Sacrament, you may ask for a blessing. Gluten-free wafers are available. Please speak to a priest when you come forward for Communion.

Communion Anthem

Be Thou My Vision

Arr. Richard Shephard

(Anthem text found on page 488 of the Hymnal)

The congregation is invited to sing the communion hymns

Communion Hymn 318

Here, O my Lord, I see thee face to face

Nyack

Communion Hymn 700

O love that casts out fear

Moseley

Please stand.

If Eucharistic Visitors are being sent forth today to take the Sacrament to people at home, the following prayer is said after Communion.

Prayer for Eucharistic Visitors

Priest: In the name of God, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: We who are many are one body, because we all share one bread, one cup. Amen.

The Post Communion Prayer *(said together)*

BCP 365

The people stand or kneel.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Processional Hymn 432

O praise ye the Lord!

Laudate Dominum

The Dismissal

Celebrant: Go in peace to love and serve the Lord.

People: Thanks be to God.

Voluntary

Laudation

Gil Martin

SERVICE PARTICIPANTS AT 10:30 AM

Celebrant The Reverend Caleb J. Lee	Gospel Book Bearer Cabe Lee	Intercessor David Frederiksen	Greeters John and Denise Sheehan
Preacher The Reverend Catherine Powell	Altar Server Carolyn Demorest	Ushers David Frederiksen	Flower Guild Brian Sanders Park
Gospeller The Reverend Michael Singer	Eucharistic Ministers Carolyn Demorest	Owen Aylesworth	Louise Joyner
Verger Leon Tillery	Dot Erway	Kenny Harkness	Altar Guild Cheryl Wagoner
Crucifer Zoe Frederiksen	Lectors Marie Ashworth	Jane Harkness	Scotty Galganowicz
Mary Jeffreys Nipper	Joan Rosko Miller	Mike Hosick	Leon Tillery

A WORD FROM THE RECTOR

Assistant Organist Appointed
The Rev. Dr. William J. Weisser
aka "Dr. Bill"

Beloved of St. Paul's,

As we begin the new year of Music at St. Paul's I write with exciting news to share. I have appointed The Reverend Dr. William J. Weisser (Dr. Bill) to assist our Director of Music, Ronnie Wise, at the organ bench.

Dr. Bill has been with us during our transition this summer after the passing of Richard Rhoads. His presence, both energetic and pastoral, was a real gift to us during that time.

The Rev. Dr. William J. Weisser retired in 2011 as Minister of Music at Edenton St. United Methodist Church in Raleigh, NC where he had been responsible for seven singing choirs, three handbell choirs, three dance ensembles and instrumental ensembles with over 460 participants for over 35+ years. He was the Conductor and Artistic Director of the Capital Area Chorale, a mixed voice community choir for 11 years.

He was an Adjunct Assistant Professor on the faculty of North Carolina State University where he directed the University Singers for 5 years. Since retirement he has served at several churches as an interim. He is a graduate of Westminster Choir College, having done graduate work in Sacred Music at Indiana University. He has performed with the Chicago Symphony and the North Carolina Symphony, was the founding Director of the Children's Choir of Duke Chapel, and directed the choir that sang the publisher's premiere of John Rutter's Requiem, with the composer conducting. He is also an ordained Deacon in the Methodist church and has retired to Wilmington.

The list goes on and on. We are delighted and blessed to have him officially join the St. Paul's staff. Please join me in welcoming Dr. Bill and his wife Anne to our St. Paul's family.

Faithfully,
Caleb+

In our parish

Earl Craig	Tammy Pollock
Fr. John Cawthorne	Lyle Sullivan
Judy Farri	William Murphy
Joe Farri	Carrie Anderson-Kincaid
Alice Calder	Dale Curran
Rus Kirk	Kathryn Hedgepeth
Merry Ann Wright	JoAnn Summey
Larry Wright	Barbara O'Rourke
David Heath	Katherine Ramsey
Tom Freeling	Sib Vlahos
Merrily Leonard	Tom Sramek

People requesting prayer

Tracy Calhoun Sorrenti	Chervonne Miller
Tammy Tilghman	Kathy Keagy
Sharon O'Rourke Berry	Tom Gonzalez
Richard O'Rourke	Barbara Holland
Major Jennifer Jantzi	Carroll Joines
James Graham	Dr. Everette Cameron
Stacy Neal	James
Bryce Harrelson	Lena & Ryan
Michael Justice	Shirley Joseph
Gina Lewis	TJ Rouse
Carol Findlay	Tim Harrison
Gracie Sage	Patricia Noble
Sherry Herman	Susan Richards Frederick
Greyson Chapman	Sandy Veale
Thomas Ramey Watson	Dennis Traina
Tonya Justice	

About the Prayer List

Included in our prayers are the names of those for whom prayer has been requested by a parishioner or family member. The reason for being listed is kept confidential. All parish prayer requests are listed on the prayer list for one month. The complete list of those in need of our prayer are remembered weekly at our 12:10 pm Wednesday Eucharist with Healing Prayers. If you would like to add yourself or someone else to the prayer list please reach out to Fr. Caleb Lee or make a prayer request online at our website, www.spechurch.com.

Hospitalization or Pastoral Issues

Please notify us if you or a family member is hospitalized and/or in need of a pastoral call or visit. Please speak with Fr. Caleb or call the church office at 910-762-4578.

Sharing Holy Communion

If illness prevents you or a loved one from joining us for regularly scheduled services, Fr. Caleb or a Lay Eucharistic Minister can share Holy Communion either in your home or at a health care facility. Please speak to Fr. Caleb or contact the church office at 910-762-4578.

Today, Sunday, September 18
The Fifteenth Sunday after Pentecost

- 8:00 am** Holy Eucharist
Breakfast to follow in the parish hall
- 9:15 am - 12 pm** Nursery open
- 9:30 am** Adult Formation (*parish hall*)
- 9:30 am** Children's Sunday School (*upstairs in children's wing*)
- 9:30 am** Episcopal Youth Community EYC (*library*)
- 10:30 am** Choral Eucharist
Reception to follow in the parish hall
- 11:30 am** St. Paul's Ministry Fair (*parish hall*)

Monday, September 19

Tuesday, September 20

- 7:30 am** Early-Bird Book Group
- 9:00 am** Morning Prayer
- 6:00 pm** Wilmington Boys Choir Discovery Night

Wednesday, September 21

- 12:10 pm** Feast of St. Matthew Holy Eucharist + lunch
- 7:00 pm** Adult Choir Practice

Thursday, September 22

- 9:00 am** Morning Prayer
- 9:00 am** GNP

Friday, September 23

- 8:00 am** Mensgroup
- 6:30 pm** Dinner and a Show



Dinner & a Show
Featuring
Jazz Favorites
with Tori Thomas
Friday, Sept. 23, 6:30 p.m.
Proceeds benefit The Choir of St. Paul's
Wells Cathedral Residency

Sign up via Eventbrite, on the bulletin board outside the Parish Hall or email music@spechurch.com for reservations.
No ticket required.

St. Paul's Episcopal Church Parish Hall
16 N. 16th St. Wilmington, NC 28401
(910) 762-4578 | spechurch.com

Saturday, September 24

- 9:15 am** Guided Autobiography
- Next Sunday, September 25**
- 8:00 am** Holy Eucharist with
Breakfast to follow in the parish hall
- 9:15 am - 12 pm** Nursery open
- 9:30 am** Adult Faith Formation (*parish hall*)
- 9:30 am** Children's Sunday School (*upstairs in children's wing*)
- 9:30 am** Episcopal Youth Community EYC (*library*)
- 10:30 am** Choral Eucharist
Reception to follow in the parish hall

AGING GRACEfully

A program and conversation for older adults and their families

September 25 | 9:30-10:15am | Parish Hall



"The aging brain and mental health- recognizing pathology and practicing resiliency" with Julie Frederiksen

Julie Frederiksen grew up in Charlotte, NC. She attended Charlotte Country Day School and attended St. John's Episcopal Church. She went to Boston College for a BA in Philosophy and English. She also received a BS in Biology preceding her Master's in Nursing at Massachusetts General Hospital Institute of Health Professions in Boston, MA.

She is board certified as a Family Nurse Practitioner and as a Psychiatric Mental Health Nurse Practitioner. She has practiced for 20 years in Wilmington, 10 of which were working in neurology. She currently owns her own practice Golden Mean Health where she treats adolescents and adults for general psychiatric and some neurological complaints. She is happily married to David Frederiksen and she has three daughters (Olivia, Zoe, Evie). Julie loves being on the water and being outdoors with her family.



Sunday, October 2
"Living Will and Wills" with Michael A. Becker/Rountree Losee, LLP



Sunday, October 9
"Caring for the Caregiver" with Kelly Cahill/MSN, RN, CHPN
Community Nurse Educator



Sunday, October 16
"Things Done and Left Undone" with The Rev'd Michael Singer/
Associate for Pastoral Care at St. Paul's



Sunday, October 23
"Liturgies for the dying and funerals in the Episcopal Church" with
The Rev'd Caleb J. Lee/Rector at St. Paul's

THE RECTOR'S BIBLE STUDY

Join Fr. Lee in the Parish Hall for a look at the upcoming readings from our Sunday lectionary. Bring your lunch, your perspective, and your Bible. Thursday's at 11am in the Parish Hall. Beginning September 29.

FEAST OF ST. MICHAEL & ALL ANGELS

Join us for Holy Eucharist in celebration of the Feast of St. Michael & All the Angels on Wednesday, September 28, with Festal Eucharist at 12:10pm and Evensong at 5:30pm.

NOURISH NC'S BACKPACK PROGRAM

We will gather for a packing event on Thursday, September 29 from 5-7 pm at Nourish NC's offices at 3606 Market Street, Wilmington 28403. This program is specifically designed for K-5 children who have access to free and reduced lunch programs during the week but may struggle with hunger over the weekends. The backpacks are filled with 8 meals, 6 healthy snacks, milk or juice and fresh produce (apples, oranges, sweet potatoes, etc.) every weekend. All ages are welcome to participate in this event, but we are limited to 30 people. Please sign up at SPEC website. Can't make it? Have you considered being a Backpack Angel? On September 29th, the Church celebrates St. Michael and All Angels. The word "Angel" means messenger. Would you like to be a messenger of hope to a hungry child? It costs \$412 per year to provide a weekend backpack of nourishment for one child. St. Paul's partners with Nourish NC to sponsor several children, but we would like to sponsor a few more. Would you like to sponsor a child? Would you like to split the cost with another family from St. Paul's? Please contact Steve Bucci sbucci@hotmail.com for more information.

BLESSING OF THE ANIMALS

Join us Sunday, October 2 at 5pm for Blessing of the Animals. Enjoy a sweet treat from Kayla's Kones! Plus treats for our furry friends!

SAINTS IN THE STREET

Join us for a fun block party event on Saturday, October 29 from 3-6pm. We'll have food, music, games, bounce house, selfie photo booth, and more!

RISE AGAINST HUNGER MEAL PACKING EVENT

St. Paul's Episcopal Church is partnering again with Rise Against Hunger to pack meal kits containing rice, soy, 30 vitamins and minerals, and vegetables for hungry people around the world. We are looking for 75 people to pack meals kits on Saturday, November 12 from 10am-Noon at St. Paul's Episcopal Church. Having been in retreat for the past 30 years, hunger is once again advancing due to COVID-19. Rise Against Hunger meals are distributed through global partners that administer to school feeding programs, orphanages, health clinics, vocational training and a much greater emphasis this year on responding to crisis.

Please consider a donation towards our meal packaging goal of 10,152 meals and be sure to register at <https://www.signupgenius.com/go/10c0e4faea92ca2fdc70-save>

VESTRY VACANCY

The vestry intends to fill a member vacancy (Class of 2024) due to the resignation of one of its members for medical reasons. In accordance with the St. Paul's Bylaws Section 5.4, the vestry invites suggestions of possible candidates to be sent to the Clerk of the Vestry, Denise Sheehan, by Friday, September 30 at 5 pm. The clerk's email address is sheehandl@aol.com

THE BLESSING BOX UPDATE

Thank you for your continued generosity and donations. We regularly fill the Blessing Box. The need is great and resources deplete quickly. Therefore, we ask you to continue to bless our "Street Angels" (Paul Simon) with your generosity. Also, most of our guests do not have can openers. So if possible, cans with "pull tops" are helpful.

~ Bob S. & Judy B.

Symbols of Hope

A couple of photos from the planting of sunflower seeds for the people of Ukraine.



ST. PAUL'S WELCOMES YOU

We are glad you are with us today.

If you are new to St. Paul's, please fill out a guest card and place it in the offering plate or give it to a greeter or an usher. Here are some quick facts that may be helpful.

Welcome: All are welcome to receive communion. If you prefer not to receive, you can remain seated, or come forward with your arms crossed to receive a blessing. If you are allergic to wheat products, gluten-free communion bread is available. Please let your request be known to the priest as you approach the altar rail.

Help: Please see any of our ushers for assistance when you enter the worship area.

Handicapped Parking: Our facility is handicapped accessible with multiple handicapped parking spaces available in the lot off Market Street and the lot off Princess Street. Handicap ramps serve both parking lots.

Live-Streamed: Our service is live-streamed on YouTube on Sundays at 10:30 am Please subscribe to St. Paul's on YouTube to view live-streamed services and concerts.

Masks: All may, none must, some should.

Worship: St. Paul's follows the services outlined in the Book of Common Prayer 1979. The services include Old and New Testament readings, a reading from the Gospel, a sermon and traditional communion.

Children: All children are welcome and encouraged to attend any of our services.

Worship Kits: Bags and boxes are located in the back of the church for different ages to use in the pew, including our children's worship bulletin, *The Sunday Paper*. Please return when church is over.

Nursery: The nursery is open most Sundays from 9:15 am to Noon upstairs in the Children's wing. The nursery is for infants to age 5.

Sunday School: Sunday School will return on Sunday, September 11 from 9:30-10:15 am upstairs in the Children's Wing for ages 4-11.

Episcopal Youth Community (EYC): EYC will return on Sunday, September 11 from 9:30-10:15 am in the library for 6th grade and older.

Vanco Online Giving



Welcome to St. Paul's!

WE ARE DELIGHTED THAT YOU HAVE JOINED US TO WORSHIP AND HAVE EXPRESSED AN INTEREST IN ST. PAUL'S. PLEASE FILL OUT THIS CARD AND DROP IT IN THE OFFERING PLATE OR GIVE IT TO ONE OF OUR GREETERS.

DATE:

GREETER:

NAME: MR. MRS. MS.

ADDRESS:

PHONE:

EMAIL:

CHILDREN/YOUTH NAMES AND AGES:

PLEASE CHECK ALL APPLICABLE SPACES:

First-time Visitor

Returning Visitor

Add me to the mailing list

A Newcomer's Ministry Member may call me



St. Paul's Episcopal Church

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www.spechurch.com

Bulletin submissions: bulletin@spechurch.com (Deadline Mondays, 5:00 pm)

E-news submissions: e-news@spechurch.com (Deadline Mondays, 5:00 pm)

The Right Reverend Robert Skirving, Bishop
The Reverend Caleb J. Lee, Rector
The Reverend Catherine Powell, Priest Associate
The Reverend Michael Singer, Pastoral Associate
Ronnie D. Wise, Director of Music and Organist
The Reverend Dr. William J. Weisser, Assistant Organist
Diane Matz-Kane, Financial Secretary
April Cook, Parish Administrator
Meaghan Thomas, Children, Youth, and Families Coordinator

St. Paul's Vestry

Bill Anlyan, Rector's (Sr.) Warden
Chip Carter, People's (Jr.) Warden

Layne Dupree	Sally Pope
Ashley Eason	Tom Sramek
Matt Langley	Rhonda Stroud
Steve Martin	Meaghan Thomas
Anne O'Dell	

Denise Sheehan, Clerk
Judy Wilson, Treasurer

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