

St. Paul's Episcopal Church

In the Episcopal Diocese of East Carolina



**The Tenth Sunday after Pentecost
August 1, 2021**

*Open doors. Open hearts. Open hands.
We will welcome all to live God's mission, teach Christ's love
and transform our community by the power of the Holy Spirit.*

The Holy Eucharist

Voluntary
Introit

Andante religioso (Sonata IV)
Christ, Be With You

Felix Mendelssohn
Barry Rose

Processional

Alleluia! Sing to Jesus

Hymnal 460

Celebrant
People

Blessed be God: Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

The Gloria

Gloria

Glory be to God

Lauda anima

Glo - ry be to God in hea - ven, songs of
Lamb of God, who on you shoul - ders bore the
You, O Son of God, are ho - ly, you we
joy and peace we bring, thank - ful hearts and voi - ces
load of this world's sin, on - ly Son of God the
praise with one ac - cord; none in heav'n or earth is
rais - ing, to cre - a - tion's Lord we sing: Lord, we thank you,
Fa - ther, you have brought us peace with - in: Lord, have mer - cy,
like you, on - ly you are Christ the Lord with the Fa - ther,
Lord, we bless you, glo - ry be to God our King.
Christ, have mer - cy, now your glo - rious reign be - gin.
and the Spi - rit, ev - er wor - shipped and a - dored.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The people may be seated.

Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.”

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

Reader The Word of the Lord.
People Thanks be to God.

Psalm 78:23-29

Attendite, popule

- 23 So he commanded the clouds above
and opened the doors of heaven.
- 24 He rained down manna upon them to eat
and gave them grain from heaven.
- 25 So mortals ate the bread of angels;
he provided for them food enough.
- 26 He caused the east wind to blow in the heavens
and led out the south wind by his might.
- 27 He rained down flesh upon them like dust
and winged birds like the sand of the sea.
- 28 He let it fall in the midst of their camp
and round about their dwellings.
- 29 So they ate and were well filled,
for he gave them what they craved.

A Reading from Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The Word of the Lord.
People Thanks be to God.

**Hymn to Announce
the Gospel**

How sweet the Name of Jesus sounds

Hymnal 644

The Holy Gospel of our Lord Jesus Christ according to John 6:24-35

People Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

The Reverend Caleb J. Lee

The Nicene Creed

BCP 358

We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of
all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People Form II

BCP 385

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud

I ask your prayers for God's people throughout the world; for our Bishop, Rob, our Priest, Caleb and Richard, our Priest Associate; for this gathering; and for all ministers and people.

Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

Silence

I ask you prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

Silence

I ask your prayers for the departed, [especially _____].

Pray for all who have died.

Silence

Praise God for those in every generation in whom Christ has been honored [especially _____ whom we remember today.]

Pray that we may have grace to glorify Christ in our own day.

Silence

The Celebrant adds a concluding Collect

The Celebrant says

Let us confess our sins against God and our neighbor.

Minister and People

Most merciful God,
we confess that we have sinned against you in thought word and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
we are truly sorry and we humbly repent.
for the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your name. Amen.

The Celebrant concludes with an absolution

The Peace

Celebrant The peace of the Lord be always with you.
People And also with you.

Anthem *I was glad when they said unto me* Sir C Hubert H Parry

Presentation Hymn *Doxology with Alleluias* Lasst uns erfreuen

Praise God, from whom all blessings flow;
praise him, all creatures here below, alleluia, alleluia!
Praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost. Alleluia!

The Holy Communion

The Great Thanksgiving (Eucharistic Prayer A)

BCP 361

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus

Hymnal S125

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

BCP 364

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

A period of silence is kept.

Fraction Anthem

Hymnal S152

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Communion of the People

The Gifts of God for the People of God.

Communion Anthem

The Peace of God

John Rutter

Communion Hymns

Humbly I adore thee, Verity unseen

Hymnal 314

I am the bread of life

Hymnal 335

After Communion, the Celebrant says

Let us pray.

The people stand or kneel

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Celebrant pronounces a blessing, to which the congregation responds, "AMEN"

Procession

Guide me, O thou great Jehovah

Hymnal 690

Dismissal

Go in peace, to love and serve the Lord.

People Thanks be to God.

Voluntary

Toccata

John Weaver

Prayer List

In our parish

People requesting prayer

Earl Craig
Fr. John Cawthorne
Anne Freeling
Anne Laudati
Richard Laudati
Jere Lewis
Diane Trubia

William Murphy
Tammy Pollock
Lyle Sullivan
Jim Summey
Joann Summey
Pat Baker
Judy Wilson

Richard O'Rourke
Tracy Calhoun Sorrenti
Tammy Tilghman
Sharon O'Rourke Berry
Micheal Justice
Steve Hatch
Bryce Harrelson

A Warm Welcome to Everyone!

Thank you for worshiping with us today. If you are new to St. Paul's, please fill out a guest card and place it in the offering plate or give it to a greeter or an usher. Please, come visit us again.

Announcements

The flowers on the altar are given to the glory of God and in celebration of the ministry of our new rector, Fr. Caleb Lee by the vestry of St. Paul's.

Today's loose offering will benefit the rector's discretionary fund. Please give generously.

Join us Wednesday, August 11th and Wednesday, August 18th from 5:30 - 7:30 for pizza, salad, cold drinks and ice cream bars. The August movie is Disney Pixar's *SOUL*. *SOUL* follows the story of Joe, a middle-school band teacher whose life hasn't quite gone the way he expected. His true passion in life is jazz, but when he travels to another realm after a near-death experience to help someone else find their passion, he discovers what it really means to have *SOUL*.

Each night, half of the movie will be shown followed by a discussion for all ages! Dinner served at 5:30pm with Movie/Discussion beginning at 6:00pm.

RSVP to Cecelia at cecilia.peers@gmail.com by August 10th.

No cost to attend! Sponsored by SPEC Christian Formation Committee.

Cover art:

Manna, illuminated manuscript, 1244 to 1254, The Crusader Bible, MS M.638 (fol. 9v), Pierpont Morgan Library of Medieval and Renaissance Manuscripts, New York.

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St. Paul's Episcopal Church

16 North Sixteenth Street
Wilmington, North Carolina 28401

www.spechurch.com (910) 762-4578

Bulletin submissions: bulletin@spechurch.com (Deadline Mondays, 5:00 p.m.)

E-news submissions: e-news@spechurch.com (Deadline Mondays, 5:00 p.m.)

The Rt. Rev. Robert Skirving, Bishop
The Rev. Caleb J. Lee, Rector
The Rev. Richard Banks, Priest Associate
Ronnie D. Wise, Director of Music and Organist
Richard Rhoads, Assistant Director of Music and Organist
Diane Matz-Kane, Bookkeeper
Louise Buck, Interim Parish Administrator

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Ruth Gates

Angela Green

Matt Langley

Steve Martin

Joan Rosko Miller

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Teresa Singer (Sr. Warden)

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